

**Tuesday**  
**October 10, 2017**  
**7:00 pm**



## Raising Resilient Teens

The Society for the Prevention of Teen Suicide invites you to attend a presentation for parents/caregivers to discuss some of the difficulties of parenting a teen in challenging times. The evening will feature an interactive panel of community experts for you to learn from and include the opportunity to ask questions in a comfortable environment.

This engaging presentation will address the many stressors and obstacles teens are faced with today, while helping parents and/or caregivers gain the awareness and knowledge needed to have those "difficult" conversations with their teens.

Panel discussion topics will include teen suicide prevention, information on the warning signs and risk factors, current trends in risk behaviors among adolescents, the negative impact of social media, local resources, and more.

*Light Refreshments Served. No Fee to Attend.*

**Registration Appreciated**

**[colleen@sptsusa.org](mailto:colleen@sptsusa.org) or (732) 410-7900**



This program is made available by grant funding provided by:



**Moderator**  
**Phyllis Alongi, MS, NCC, LPC, ACS**  
**SPTS Clinical Director**

**Expert Panel**  
**Maureen A. Brogan,**  
LPC, ACS, DRCC  
Statewide TLC Coordinator  
Rutgers - UBHC

**Mark Farrell**  
Speaker, NYC Radio Host  
[www.markfarrellmotivation.com](http://www.markfarrellmotivation.com)

**Dr. Danielle Forshee, Psy.D, LCSW**  
Dr. Danielle Forshee, LLC  
Red Bank, NJ

**Danielle Monti-Pfeiffer,**  
MA, LPC, LCADC  
Counseling for a Stronger Tomorrow,  
LLC  
West Long Branch, NJ

**Susan Tellone, MSN, BSN, CSN, RN**  
Associate Director, MHA Monmouth  
County

**Jim Romer, MA**  
Director of Crisis Services  
Monmouth Medical Center

The Society for the Prevention of Teen Suicide is a non-profit organization founded in 2005, based in Freehold, that provides Best Practices suicide prevention programs and resources across the United States. SPTS offers training for educators; presentations to parents and community groups; and manages the Youth Council and hosts the annual Youth Wellness Summit for Monmouth and Ocean County high school students to educate teens about suicide prevention, increase awareness, and help decrease stigma to help #saveteens.

**Society for the Prevention of Teen Suicide [www.sptsusa.org](http://www.sptsusa.org)**